



INDIANA RIVER RESCUE SCHOOL

5-Day Agenda



Day 1 South Bend Central Fire Station

Start Time	Activity	Duration
0800	Introduction	15 min
0815	Size-up (1.00)	60 min
0915	Risk Assessment (Ops 1.04)	45 min
1000	Break	10 min
1010	PPE (Ops 2.00)	20 min
1030	Safety (Ops 3.00) (Tech 5.00)	30 min
1100	Hazard Recognition (Ops 4.00)	60 min
1200	Lunch	60 min
1300	Shore-based Operations (Ops 5.00)	30 min
1330	Boat Operations (Ops 6.00)(Tech 1.00 & 2.00)	30 min
1400	Extrication Operations (Ops 7.00)	30 min
1430	Distribute / Inspect Helmets and PFD's,	30 min
1500	Travel to Pool	60 min
1530	Swim Test	30 min
1600	4 Stations @ 30 min. each.	
	1.) Throwbags (Ops 5.04), Reaching (Ops 5.03), Fire Hose(Ops 10.06)	30 min
	2.) Boat Parbuckling, 1 Person Recovery (Ops 6.01) (Tech 1.01)	30 min
	3.) Help Huddle (Ops-3.05), Self-Rescue (Ops-3.06) Escapes / Blocks (Tech 3.05)	30 min
	4.) Boat Broaching, 2 Person Recovery (Ops 6.01) (Tech 1.01)	30 min
1800	Finish	

Day 2 South Bend East Race Waterway

Start Time	Activity	Duration
0800	2 Practical Stations @ 1 hr. each	
	1.) Walk Through - Hazard Recognition (Ops 4.00) and Site Preplan (Ops 3.00)	60 min
	2.) Ropes and Knots (Ops 9.00)	60 min
1000	5 Practical Stations @ 1 hr. each	
	1.) Boat Handling (Ops 6.00) (Tech 1.00)	60 min
	2.) Vertical - Basics (Ops 10.01-10.03) (Tech 5.00,6.00, & 7.02-7.03)	60 min
	3.) Movable Control Point - On Land (Tech 2.02)	60 min
	4.) Z-drag, Anchor systems (Ops 8.00) (Tech 4.00 & 5.03-5.05)	60 min
	5.) Throw Bags (Ops 5.04), Victim Packaging and Medical (Ops 7.00)	60 min
1300	Lunch	60 min
1400	Continue Practical Stations	2 Hrs.
1600	Float Race	60 min
1700	Finish	



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Day 3 South Bend East Race Waterway

Start Time	Activity	Duration
0800	5 Practical Stations @ 1 hr. each 1.) Vertical - W/ Elevated Point (Ops 10.01-10.03) (Tech 5.00,6.00, & 7.02-7.03) 2.) Movable Control Point - On the Race (Tech 2.02) 3.) Vehicle in the Water #1 - (Ops 7.01) 4.) Tagline - Boat Assisted (Ops 10.06) 5.) Boat Handling - Diff. Style Boat (Ops 6.00) (Tech 1.00)	60 min 60 min 60 min 60 min 60 min
1300	Lunch	60 min
1400	1 Practical Station @ 30 min. each (1 large group) 1.) Shallow Water / Pyramid (Tech 3.06)	30 min
1430	2 Practical Station @ 60 min. each (2 Groups) 1.) Pendulum, Zip line (Ops 10.08) 2.) Eddy Hop / Strainer Hop / Cargo Net	60min 60 min
1600	Free Float East race / Eddy Hopping	
1700	Finish	

Day 4 South Bend East Race Waterway

Start Time	Activity	Duration
0800	4 Practical Stations @ 1 hr. each 1.) Vertical - Highline (Ops 10.01-10.03) (Tech 5.00,6.00, & 7.02-7.03) 2.) Movable Control Point - On the River (Tech 2.02) 3.) Vehicle in the water #2 (Ops 10.06) 4.) Multi & Single Pt. Tether Boat (Tech 2.03 & 2.04), Dynamic Ferry (Tech 1.04), Carlson Rope Trick/Snag Bag	60 min 60 min 60 min 60 min
1200	Lunch	60 min
1300	4 Practical Stations @ 1 hr. each 1.) Tethered Swimmer (Tech 3.02) 2.) V-Lower Release (Tech 3.03) 3.) River Go Rescue (Tech 3.04) 4.) Rescue Board / Tube / Pt. Packaging (Tech 3.01)	60 min 60 min 60 min 60 min
1700	Finish	

Day 5 South Bend Central Fire Station

Start Time	Activity	Duration
0800	Written Test	120 min
1000	Live Scenarios	120 min
1200	Certificates, Collect Equipment, and Course Evaluations	60 min
1300	Finish	



IRRS Instructor Contacts

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INDIANA RIVER RESCUE TRAINING SITE

